

Linda Stevenson
Yoga & Vitality

Yoga Teacher Training Application

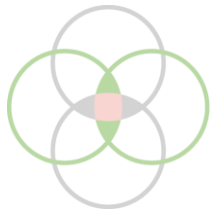
Thank you for your interest in pursuing your Teacher Training with us! We are excited to bring you this life changing opportunity to deepen your understanding and knowledge of yoga. Our application process is intended to ensure a good fit between you and the EMPower Yoga Teacher Training Program and to be sure that all trainees are ready to embark on this intense and exciting endeavor. The application and deposit can be emailed to me at lastevenson02@gmail.com. Payments can be made to Strongsville Recreation Center.

Applicant Information		
Last Name	First Name	Date of Birth
Address	City/State	Zip Code
Phone	Cell Phone	Email Address
Emergency Contact Information		
Last Name	First Name	Relationship
Phone		
Health Information		
Do you have any health concerns or injuries?		
If Yes, please explain		
Do you take any medications?		
If yes, please explain here		
Education		
Indicate your highest level of education completed:		
School Name	City/State	Degree

DISCLAIMER, CANCELLATION & REFUND POLICY, & GRADUATION REQUIREMENTS

I certify that my answers are true and complete to the best of my knowledge. I understand that tuition must be paid in full prior to the start of training unless payment arrangements have been made and approved by Strongsville Recreation Center. Refunds will be made up to two weeks prior to the start of training, minus processing fee of \$200. If it is necessary to withdraw from training, the student will be able to take the remaining/portion at a future teacher training. There are no refunds for tuition, books or supplies received by the student. I understand that: to graduate, a student must complete all requirements, including class participation, hands-on practice, written and oral assignments. 100% attendance is required, but if it is necessary to miss a class, the student and lead trainer will agree on the appropriate way to make up that time/session, which may include the completion of other workshops at the student's expense. Students are expected to arrive on time and stay until the conclusion of class. Cancellation of classes due to weather may occur, in which case additional hours will be added to other sessions or to the end of the program. All financial commitments must be met in order to graduate.

Signature: _____ Date: _____



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Additional Yoga Teacher Training Questions (If necessary, please use additional pages to complete):

1. How long have you practiced yoga?
2. How many times per week do you practice and where?
3. Who are your teachers and why are they influential in your life? This can be yoga teachers or other mentors.
4. Describe the different styles / traditions of yoga in which you have experience or training.
5. What does yoga mean to you? Why do you practice yoga?
6. What special qualities do you possess that you wish to pass on to others as a teacher?
7. What do you hope to gain and learn from yoga teacher training, and how do you think it will add value to your life?
8. What are the primary reasons driving you to apply for teacher training (e.g. enhance yoga practice; learn to teach, gain confidence in public)?
9. Do you have a "day job"? If so, please describe.
10. Please list anything else you'd like to share with us about yourself!

Be the change you want to see in the world! (Ghandi)